

Guam Swimming Federation Time Standards Short Course - Yards

B	BB	A	AA	AAA	AAAA		AAAA	AAA	AA	A	BB	B
8 & Under Girls							8 & Under Boys					
55.59	40.19	37.99	34.59	33.09	31.69	50Fr	31.49	32.79	34.09	35.49	39.59	43.59
01:42.19	01:31.29	01:20.39	01:16.89	01:13.19	01:09.59	100Fr	01:08.39	01:11.79	01:15.29	01:18.69	01:28.99	01:39.19
03:42.59	03:18.29	02:53.89	02:45.79	02:37.69	02:29.39	200Fr	02:27.79	02:34.89	02:41.89	02:48.89	03:09.99	03:31.19
54.39	48.39	42.49	40.49	38.49	36.49	50Ba	36.59	38.59	40.69	42.69	48.79	54.79
59.59	53.09	46.69	44.59	42.49	40.39	50Br	40.79	42.89	45.09	47.29	53.59	59.89
54.29	47.79	41.49	39.19	37.09	34.99	50Fly	34.79	36.79	38.79	40.79	46.69	52.59
01:57.49	01:44.99	01:32.49	01:28.29	01:24.19	01:19.89	100IM	01:19.09	01:22.79	01:26.59	01:30.39	01:41.59	01:52.99
04:07.59	03:41.69	03:15.69	03:06.99	02:58.39	02:49.79	200IM	02:49.59	02:57.99	03:06.49	03:14.89	03:40.29	04:05.59
9-10 Girls							9-10 Boys					
40.09	36.19	32.39	31.09	29.79	28.49	50 Y Free	28.29	29.49	30.69	31.89	35.59	39.19
01:31.89	01:22.09	01:12.29	01:09.09	01:05.79	01:02.59	100 Y Free	01:01.49	01:04.59	01:07.69	01:10.79	01:19.99	01:29.19
03:20.19	02:58.29	02:36.39	02:29.09	02:21.79	02:14.39	200 Y Free	02:12.89	02:19.29	02:25.59	02:31.89	02:50.89	03:09.89
08:30.49	07:39.49	06:48.39	06:31.39	06:14.39	05:57.39	500 Y Free	05:54.09	06:10.89	06:27.79	06:44.59	07:35.19	08:25.79
48.89	43.49	38.19	36.39	34.59	32.79	50 Y Back	32.89	34.69	36.59	38.39	43.89	49.29
01:45.69	01:33.99	01:22.19	01:18.29	01:14.39	01:10.49	100 Y Back	01:10.79	01:14.39	01:18.09	01:21.69	01:32.49	01:43.29
53.59	47.79	41.99	40.09	38.19	36.29	50 Y Breast	36.69	38.59	40.59	42.49	48.19	53.89
01:59.99	01:46.69	01:33.39	01:28.89	01:24.49	01:19.99	100 Y Breast	01:20.59	01:24.69	01:28.69	01:32.69	01:44.79	01:56.79
48.79	42.99	37.29	35.29	33.39	31.49	50 Y Fly	31.29	33.09	34.89	36.69	41.99	47.29
01:57.49	01:42.09	01:26.69	01:21.59	01:16.49	01:11.29	100 Y Fly	01:10.89	01:15.89	01:20.79	01:25.69	01:40.59	01:55.39
01:45.69	01:34.39	01:23.19	01:19.39	01:15.69	01:11.89	100 Y IM	01:11.09	01:14.49	01:17.89	01:21.29	01:31.39	01:41.59
03:42.69	03:19.39	02:55.99	02:48.19	02:40.39	02:32.69	200 Y IM	02:32.49	02:40.09	02:47.69	02:55.29	03:18.09	03:40.89
11-12 Girls							11-12 Boys					
34.59	32.19	29.79	28.59	27.39	26.19	50 Y Free	25.09	26.19	27.39	28.59	30.99	33.39
01:13.59	01:08.29	01:03.09	01:00.49	57.79	55.19	100 Y Free	54.99	57.59	01:00.19	01:02.89	01:08.09	01:13.29
02:43.49	02:31.79	02:20.19	02:14.29	02:08.49	02:02.59	200 Y Free	01:59.49	02:05.19	02:10.89	02:16.59	02:27.99	02:39.39
07:10.79	06:40.09	06:09.29	05:53.89	05:38.49	05:23.09	500 Y Free	05:19.09	05:34.29	05:49.49	06:04.69	06:35.09	07:05.49
15:01.79	13:57.39	12:52.99	12:20.79	11:48.49	11:16.29	1000 Y Free	11:12.79	11:44.89	12:16.89	12:48.89	13:52.99	14:57.09
25:18.59	23:30.19	21:41.69	20:47.49	19:53.19	18:58.99	1650 Y Free	18:53.89	19:47.89	20:41.89	21:35.89	23:23.89	25:11.89
39.99	37.09	34.29	32.79	31.39	29.99	50 Y Back	29.19	30.69	32.19	33.69	36.79	39.79
01:28.89	01:21.89	01:14.89	01:11.39	01:07.89	01:04.39	100 Y Back	01:02.19	01:05.59	01:08.89	01:12.29	01:19.09	01:25.79
03:03.29	02:50.19	02:37.09	02:30.59	02:23.99	02:17.49	200 Y Back	02:14.59	02:20.99	02:27.39	02:33.79	02:46.59	02:59.39
44.29	41.09	37.99	36.39	34.79	33.19	50 Y Breast	32.29	34.09	35.79	37.59	41.09	44.59
01:36.39	01:29.29	01:22.19	01:18.59	01:15.09	01:11.49	100 Y Breast	01:10.09	01:13.79	01:17.39	01:21.09	01:28.39	01:35.69
03:27.29	03:12.49	02:57.69	02:50.29	02:42.89	02:35.49	200 Y Breast	02:31.39	02:38.59	02:45.79	02:52.99	03:07.39	03:21.79
38.09	35.39	32.69	31.29	29.89	28.59	50 Y Fly	27.79	29.39	30.89	32.39	35.49	38.59
01:27.59	01:20.59	01:13.59	01:10.09	01:06.59	01:03.09	100 Y Fly	01:01.49	01:05.09	01:08.59	01:12.19	01:19.29	01:26.39
03:06.29	02:52.99	02:39.69	02:33.09	02:26.39	02:19.79	200 Y Fly	02:18.49	02:25.09	02:31.69	02:38.29	02:51.49	03:04.69
01:26.49	01:20.29	01:14.09	01:11.09	01:07.99	01:04.89	100 Y IM	01:02.99	01:05.99	01:09.09	01:12.19	01:18.29	01:24.39
03:04.99	02:51.79	02:38.59	02:31.99	02:25.39	02:18.79	200 Y IM	02:15.19	02:22.09	02:28.99	02:35.89	02:49.69	03:03.49
06:34.39	06:06.19	05:38.09	05:23.99	05:09.89	04:55.79	400 Y IM	04:50.49	05:04.29	05:18.09	05:31.99	05:59.59	06:27.29
13-14 Girls							13-14 Boys					
33.39	30.99	28.69	27.49	26.29	25.09	50 Y Free	23.29	24.39	25.49	26.59	28.79	31.09
01:12.59	01:07.39	01:02.19	59.59	57.09	54.49	100 Y Free	50.79	53.19	55.59	57.99	01:02.89	01:07.69
02:36.59	02:25.39	02:14.19	02:08.59	02:02.99	01:57.49	200 Y Free	01:50.09	01:55.39	02:00.59	02:05.79	02:16.29	02:26.79
06:51.79	06:22.39	05:52.99	05:38.29	05:23.49	05:08.79	500 Y Free	04:56.99	05:11.09	05:25.29	05:39.39	06:07.69	06:35.99
14:08.89	13:08.29	12:07.59	11:37.29	11:06.99	10:36.69	1000 Y Free	10:13.79	10:43.09	11:12.29	11:41.49	12:39.99	13:38.39
23:34.19	21:53.19	20:12.19	19:21.69	18:31.19	17:40.69	1650 Y Free	17:03.29	17:51.99	18:40.79	19:29.49	21:06.99	22:44.39
01:20.19	01:14.39	01:08.69	01:05.89	01:02.99	01:00.09	100 Y Back	56.79	59.49	01:02.19	01:04.89	01:10.29	01:15.69
02:51.79	02:39.59	02:27.29	02:21.19	02:14.99	02:08.89	200 Y Back	02:02.09	02:07.89	02:13.69	02:19.49	02:31.09	02:42.79
01:30.99	01:24.49	01:17.99	01:14.79	01:11.49	01:08.29	100 Y Breast	01:03.29	01:06.29	01:09.29	01:12.29	01:18.39	01:24.39
03:15.99	03:01.99	02:47.99	02:40.99	02:33.99	02:26.99	200 Y Breast	02:16.79	02:23.29	02:29.79	02:36.29	02:49.39	03:02.39
01:19.39	01:13.79	01:08.09	01:05.29	01:02.39	59.59	100 Y Fly	55.49	58.09	01:00.79	01:03.39	01:08.69	01:13.99
02:53.39	02:40.99	02:28.59	02:22.39	02:16.29	02:10.09	200 Y Fly	02:03.19	02:09.09	02:14.99	02:20.79	02:32.59	02:44.29
02:56.49	02:43.89	02:31.29	02:24.99	02:18.69	02:12.39	200 Y IM	02:04.09	02:09.99	02:15.89	02:21.89	02:33.69	02:45.49
06:12.89	05:46.19	05:19.59	05:06.29	04:52.99	04:39.69	400 Y IM	04:24.59	04:37.19	04:49.79	05:02.39	05:27.59	05:52.79

B	BB	A	AA	AAA	AAAA		AAAA	AAA	AA	A	BB	B
15-16 Girls						15-16 Boys						
32.89	30.49	28.19	26.99	25.89	24.69	50 Y Free	22.19	23.29	24.29	25.39	27.49	29.59
01:11.29	01:06.19	01:01.09	58.59	55.99	53.49	100 Y Free	48.49	50.79	53.09	55.39	59.99	01:04.59
02:33.39	02:22.39	02:11.49	02:05.99	02:00.49	01:54.99	200 Y Free	01:45.69	01:50.69	01:55.79	02:00.79	02:10.89	02:20.89
06:46.39	06:17.39	05:48.39	05:33.79	05:19.29	05:04.79	500 Y Free	04:44.59	04:58.19	05:11.69	05:25.29	05:52.29	06:19.39
13:55.19	12:55.49	11:55.89	11:25.99	10:56.19	10:26.39	1000 Y Free	09:48.19	10:16.19	10:44.19	11:12.19	12:08.19	13:04.19
23:18.79	21:38.89	19:58.89	19:08.99	18:18.99	17:29.09	1650 Y Free	16:26.99	17:13.99	18:00.99	18:47.99	20:21.89	21:55.89
01:18.99	01:13.29	01:07.69	01:04.89	01:02.09	59.19	100 Y Back	33:36.00	33:36.00	57:36.00	01:01.29	01:06.39	01:11.49
02:50.19	02:37.99	02:25.89	02:19.79	02:13.69	02:07.59	200 Y Back	01:56.09	02:01.59	02:07.09	02:12.69	02:23.69	02:34.79
01:29.09	01:22.69	01:16.39	01:13.19	01:09.99	01:06.79	100 Y Breast	01:00.59	01:03.39	01:06.29	01:09.19	01:14.99	01:20.69
03:12.09	02:58.39	02:44.69	02:37.79	02:30.89	02:24.09	200 Y Breast	02:11.39	02:17.59	02:23.89	02:30.09	02:42.59	02:55.09
01:17.99	01:12.39	01:06.89	01:04.09	01:01.29	58.49	100 Y Fly	45:36.00	45:36.00	45:36.00	01:00.49	01:05.59	01:10.59
02:50.99	02:38.79	02:26.59	02:20.49	02:14.39	02:08.29	200 Y Fly	01:57.59	02:03.19	02:08.79	02:14.39	02:25.59	02:36.79
02:53.09	02:40.69	02:28.39	02:22.19	02:15.99	02:09.79	200 Y IM	01:58.69	02:04.39	02:09.99	02:15.69	02:26.99	02:38.29
06:06.49	05:40.29	05:14.09	05:00.99	04:47.89	04:34.89	400 Y IM	04:12.99	04:24.99	04:37.09	04:49.09	05:13.19	05:37.29
17-18 Girls						17-18 Boys						
32.79	30.49	28.19	26.99	25.79	24.59	50 Y Free	21.79	22.79	23.79	24.89	26.89	28.99
01:10.89	01:05.79	01:00.79	58.19	55.69	53.19	100 Y Free	47.59	49.79	52.09	54.29	58.89	01:03.39
02:32.29	02:21.49	02:10.59	02:05.09	01:59.69	01:54.29	200 Y Free	01:43.49	01:48.49	01:53.39	01:58.29	02:08.19	02:17.99
06:43.89	06:14.99	05:46.19	05:31.79	05:17.29	05:02.89	500 Y Free	04:37.99	04:51.19	05:04.49	05:17.69	05:44.19	06:10.59
13:52.59	12:53.09	11:53.59	11:23.89	10:54.19	10:24.39	1000 Y Free	09:40.89	10:08.49	10:36.19	11:03.89	11:59.19	12:54.49
23:06.19	21:27.19	19:48.19	18:58.69	18:09.19	17:19.69	1650 Y Free	16:08.79	16:54.89	17:41.09	18:27.19	19:59.39	21:31.69
01:18.19	01:12.59	01:06.99	01:04.19	01:01.39	58.59	100 Y Back	52.49	54.99	57.49	59.99	01:04.99	01:09.99
02:47.89	02:35.89	02:23.89	02:17.89	02:11.89	02:05.89	200 Y Back	01:52.99	01:58.29	02:03.69	02:09.09	02:19.89	02:30.59
01:29.09	01:22.69	01:16.39	01:13.19	01:09.99	01:06.79	100 Y Breast	59.09	01:01.89	01:04.79	01:07.59	01:13.19	01:18.79
03:12.29	02:58.59	02:44.79	02:37.99	02:31.09	02:24.19	200 Y Breast	02:09.19	02:15.29	02:21.49	02:27.59	02:39.89	02:52.19
01:16.99	01:11.49	01:05.99	01:03.29	01:00.49	57.79	100 Y Fly	51.79	54.19	56.69	59.09	01:04.09	01:08.99
02:48.19	02:36.19	02:24.19	02:18.19	02:12.19	02:06.19	200 Y Fly	01:53.39	01:58.79	02:04.19	02:09.59	02:20.39	02:31.19
02:51.49	02:39.19	02:26.99	02:20.89	02:14.69	02:08.59	200 Y IM	01:55.99	02:01.49	02:06.99	02:12.49	02:23.59	02:34.59
06:04.39	05:38.29	05:12.29	04:59.29	04:46.29	04:33.29	400 Y IM	04:07.69	04:19.49	04:31.29	04:43.09	05:06.69	05:30.29